

HEARING MATTERS...

# HearCare

AUDIOLOGY

SUMMER 2011  
VOL. 1

In this photo: Nora Stewart with brothers Joshua (right) and Sebastian (left) during Starkey Mission in 2008.



## Community Efforts continue to show support for two brothers from Mexico

In 2008, Ken and Nora's life changing mission to Mexico introduced them to Joshua and Sebastian

who changed the way they would look at hearing care in our office from then forward...

Along with Patrick Paris and his wife Erin, the four went to the Mayan Rivera, Mexico on a Starkey Hearing Foundation Mission trip. Some of you may remember the stories they shared upon their return. They were able to treat over 200 children with hearing devices, supplied by Starkey. One story, however, was a little different.

After fitting young Joshua with hearing devices, they learned that his younger brother Sebastian (at the time age 4) would also be fit. Unlike many

others, they did not have the overwhelming support of friends and extended family. It was just their mother Julissa. We soon discovered that Sebastian did not have eyes—in fact, as Julissa expresses he was like Helen Keller.

Raising two special-needs sons would be challenging enough, but the brothers' biological father abandoned the family many years ago due to daily stresses of raising boys with their condition, and offers no financial support for their care.

Inspired to do more than just "give them hearing aids" and leave, Ken and Nora came back to the USA with a bigger mission—to see what else they can do to help them. Their story was inspiring.

HearCare has obtained the services of a local Ophthalmologist Dr. Daniel Krach, and Canadian Ocularist Dr. Mathew Milne

to help with necessary services. We have been moved by the overwhelming support of our patients and community to bring them here...but our fight is not over. We still have legal hurdles, red-tape and a corrupt government to make that happen.

If you would like to support this mission, please call our office on how you too can help change their lives...  
260-485-1231.

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Adding Value to People



# 2011

Contact us at 260-485-1231

Quarterly Quote: (from Roberto Clemente, 1972)

*"If you have an opportunity to make things better and you don't, then you are wasting your time on this earth."*

Visit us on our website at: [www.hearcare-indiana.com](http://www.hearcare-indiana.com)

## Say What? Hearing Technology



***"My Lyric hearing device tackles almost anything, even stadium background noise."***

*Coach Mike Waufle  
Professional Football Coach,  
Lyric Wearer Since 2008*

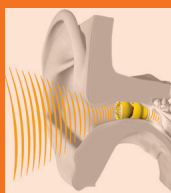
Watch a video about the Lyric at  
[www.lyrichearing.com](http://www.lyrichearing.com)

### New Hearing Technologies allow people to get back in the game of life...

A brand new hearing technology is now available to the Northeast Indiana area: the Lyric. This is a completely invisible technology that can be worn 24/7...up to 4 months at a time! Up until now, many patients have travelled to as far as Michigan and southern Indiana to get access to the Lyric, but now it is readily available and accessible to the area exclusively at HearCare Audiology.

Our providers were professionally trained directly by the Lyric Manufacturer. Unlike many other devices, the Lyric must be inserted only by a trained professional, however, if necessary it can be removed by the patient using the handy removal tool that comes with the device. Because it can be removed by the user it is considered an extended wear device instead of an implantable device.

So, now that it's here, give us a call 260-485-1231 to see if you're a candidate for the Lyric.



- Wear Lyric 24/7 for up to 4 months at a time\*
- Clearer sound that minimizes background noise
- No daily hassles – no batteries to change, no daily insertion or removal required
- Shower, sleep and exercise with Lyric

**Lyric** ® Invisible. Effortless. 24/7.

Actual Size



## Patient Spotlight



**Doris Hoffman, age 86**

Has lived in Fort Wayne for most of her life, and has 3 children, 8 grandchildren, and 6 great-grandchildren. She enjoys golf, bridge, and traveling abroad. She's an inspiration to many who have written off life and feel they are not worthy or too "old" to do what they love anymore. She "restarted" her studies at the University of Saint Francis at the age of 55. But even more inspiring is to watch her do what she loves most: dancing. She has danced with Ft. Wayne's very own "mature" dance troupe the Alley Cats for the last 28 years!

### Tip for the Season!

With the summer heat, comes summertime humidity. This can be hard on hearing devices. A Zephyr is a great way to keep out the moisture and avoid costly repairs from the summer heat. Call us for details on the Zephyr!

### Funny Hearing Story

Did you hear the Boat instead of Remote? Submit your funny hearing story & win. Winners will receive a prize and be featured in our next issue as a Patient Spotlight!

Email to [smile@hearcare-indiana.com](mailto:smile@hearcare-indiana.com) or bring it in by September 1.

# Events

At HearCare we believe in adding value to people by connecting them back to their loved ones and community, and more importantly to the things that they love. To that end, we have several events planned that we hope you and your friends or loved ones will enjoy so that you can Live Fully, Love Openly, and Make a Difference!

## July

1

Health Screenings at Parkview Health & Fitness located at 3000 E. State Blvd 9am to 3pm

4

Happy 4th of July! In observance of our country's Independence Day, our offices will be closed.

13

Three Rivers' Festival Super Senior Day at Imagine School located at 2000 N. Wells. 9am to 3pm

## August



18

Book Club 10am to Noon First Official Meeting...

24

Inreach Activity BUTTON BOUQUETS-round 2 Cost \$10 and a handful of buttons. Bring a Friend! 12:30- 2:30

## September

5

Labor Day. In observance of the holiday, our offices will be closed.

15

Book Club FREE. Call for details on the book of the month. 10am to Noon

21

Inreach Activity Fall Fun- Crafting for the season. Cost \$10. 10am to Noon

## HearCare is Giving Back

more than just the gift of hearing, but to our community. Two years ago we started our outreach program formerly known as "WeCare," with the goal of helping people in need...whether it is the need for companionship, someone who is ill, needed help for errands, and more. Today, this program has evolved into a nonprofit entity called the HearCare Connection. With this program, we hope to bring not only the gift of hearing to the underserved, underinsured, and uninsured, but to bring back the joy of life. If you would like to help with this new program, please contact the HearCare Connection Director, Angelina, for volunteer opportunities at 260-485-1231.

We believe that when a person can hear better, they are reconnected to their loved ones, their community, and back to the things they

love to do. This is where our Inreach program comes to the picture. Our Director of Inreach, Julie Miller, is working hard to find out what our patients love to do. When you come to our office, she may ask if you like to bake cookies or do crafts, do you collect coins or build model cars...whatever it may be there is a reason. She will be coordinating monthly activities here in our office so that our patients and their friends can have a place to gather. We are open for ideas and would love to have someone host a book club or a support group for griever, or maybe even to play cards. If you are interested in any of these activities, or just want to get out of the house for something to do or make new friends, keep an eye on our newsletter for the calendar of events. Call or email Julie if you would like to host a new activity or find out more at 260-485-1231 or [julie@hearcare-indiana.com](mailto:julie@hearcare-indiana.com).



Check out all the fun we had on May 26, 2011 for our Flower Button Bouquet activity. This was the first of many more exciting activities to come...some for "fun"draising, while others just for plain 'ol fun. Keep an eye on our calendar for upcoming events!

Do you like to read? Play cards? Scrapbook? or Collect Coins? We're looking for suggestions for future activities or persons interested in starting up a "club" of their own. If you may be interested, contact Julie Miller at HearCare at 260-485-1231.

## Food For Thought

### Feature Dish:

## Refreshing Hawaiian

### Fruit Salad with honey-lime sauce

Ingredients  
Ripe Mango  
Fresh Pineapple  
Papaya  
Starfruit  
Seedless Grapes  
Optional:  
Lychee or Guava

Honey Lime Sauce  
2 tbsp. Organic  
Honey  
2 tbsp. Fresh  
squeezed lime juice  
1 tsp. finely grated  
lime zest  
1 tbsp. minced  
gingerroot

Directions  
1. Whisk ginger, zest,  
lime juice, & honey  
in a small bowl and  
set aside.  
2. Chop fruits, mix,  
and put in large  
bowl.  
3. Drizzle sauce over  
top, & enjoy!



Do you have a favorite recipe to  
share for our newsletter?

Call Julie or Angelina  
260-485-1231

**Flower Power! Flowers are not only pleasant for the plate, but can offer many benefits for your health, too.**

They make you feel good to receive them on a special day; they make the plates look pretty as garnish; but who would have thought to eat them? Flowers have been shown to provide some amazing health benefits in addition to the emotional happiness they bring from their beauty. As an addition to tea, salads, fruit, or jams, they can bring some color to your life and palate.

Experts warn that if you have allergies to bees or other natural elements, use caution before indulging. Other precautions would be: grow your own when possible, do your research or check

with family doctor if unsure & always wash before eating.

Here are some yummy flowers:

Jasmine: wonderful additive to tea

Lavender: central nervous system

Violets: rutin; strengthen capillaries

Squash Blossom: Vitamin A

Hibiscus: blood pressure, cholesterol and

heart health

Peony: nervous system and diabetes

*This information was taken from these sources and is relayed for information only:*

[www.whatscookingamerica.com](http://www.whatscookingamerica.com) 6/30/11

[www.seniorlifehealth.com](http://www.seniorlifehealth.com) 6/30/11

[www.greenpharmacy.com](http://www.greenpharmacy.com) 6/30/11

**Check out this book for wonderful recipes using Flowers in your dish:**

**Flower Power by P. Allen.**

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